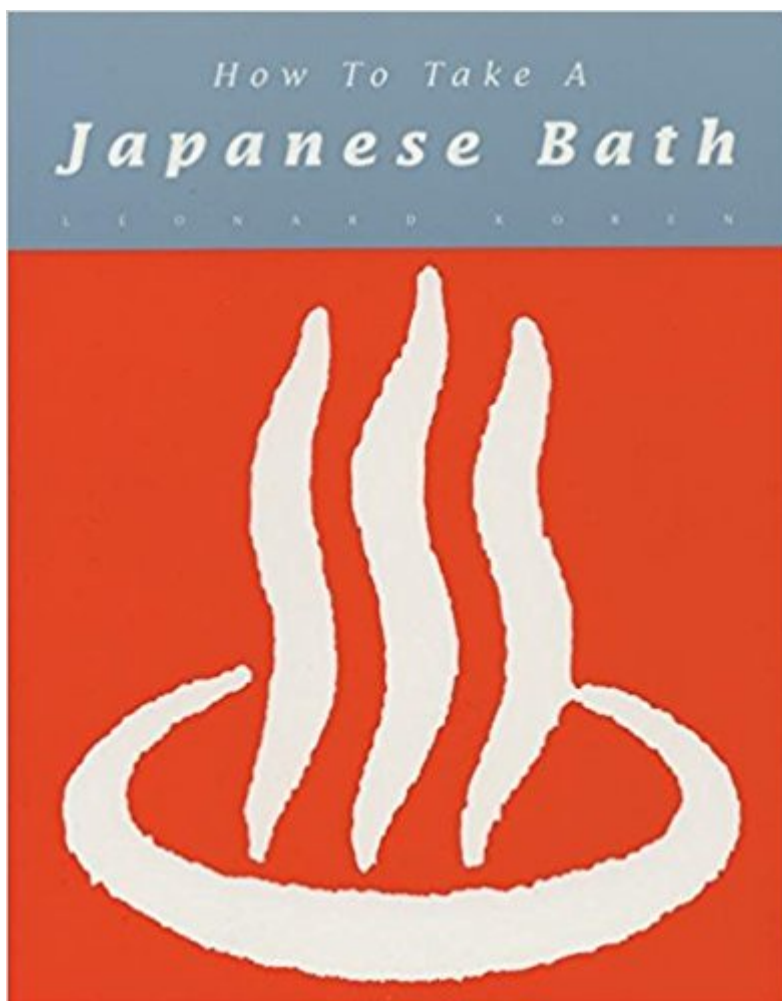


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# How To Take A Japanese Bath



## Synopsis

“This book is a physical work of art” as it should be, because the Japanese bath is an aesthetic event. “Whole Earth Review” Since its first publication in 1992, this book has become a curious classic, taking a simple (yet often incorrectly performed) activity and depicting it with a graphic, manga-style edge. In twelve drawings a young Japanese man is shown preparing, rinsing, soaking, communing, relaxing, contemplating—all an encouragement to readers to slow down, ease into the hot water, and enjoy this timeless ritual of purity and release.

## Book Information

Paperback: 40 pages

Publisher: Stone Bridge Press (September 1, 2006)

Language: English

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Product Dimensions: 5.5 x 0.1 x 7 inches

Shipping Weight: 3.5 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 14 customer reviews

Best Sellers Rank: #1,413,554 in Books (See Top 100 in Books) #20 in Books > Travel > Europe > England > Bath #605 in Books > Travel > Asia > Japan > General #989 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Style & Clothing

## Customer Reviews

"Guaranteed to rinse away all your doubts and fears." -Look Japan -- -Look Japan"Guaranteed to rinse away all your doubts and fears." -Look Japan -- Review --This text refers to an out of print or unavailable edition of this title.

Leonard Koren, who was trained as an artist and architect, writes books about design and aesthetics. Among his most popular books are WABI SABI: For Artists, Design, Poets & Philosophers and Arranging Things: A Rhetoric of Object Placement. Cult-favorite Maruo has been "discovered" since the first publication of this book.

The three stars are not for the book itself, which is fun and informative and well-deserving of five stars. The ding is for the state of the book... I literally had to clean the cover before I could touch it! The book looked like it had been packed by a five-year old who'd been eating mac and cheese with

his hands. Eeeeewww! I won't be ordering from this vendor again.

I like this book for its simplicity and artwork. I've read lots of incomplete descriptions of the Japanese bath and wanted to see the whole process. I have one problem with it that maybe someone noticed and can tell me if I'm wrong: in step #4 he washes, in step #5 he gets in the bath, then in step #6 he gets out of the bath, in steps #7 and #8 he washes up again, and in step #9 he's back in the tub soaking. I thought you just washed thoroughly and then got into the tub to soak once, then on to the next person. Is this right? Is a page out of order in my book? Or maybe I'm too tired, lol.

I've been to Japan several times. Been to the baths several times. Luckily, I had a good friend to guide me even the first time. So no surprises in this little book - and it is small/short. But I got it mostly so family and friends - who can't appreciate the experience without doing it - might understand a little more.

That's good

This book is a miniature classic - almost 20 years in print - that will appeal most to those who are already in love with Japan and the Japanese experience in general. Although it seems a slight piece of work, it is informative as well as beautiful. Just picking it up at the end of a stressful day will transport your imagination to Japan and induce some of the calm of the bathing experience itself.

I bathe everyday. Imagining myself in a tub in outer space was worth the price of the book itself.

I found this book to be very thin physically and in content. I was hoping to find out more about this very Japanese custom. The line drawings are adequate and complement the text. If you have a friend who is interested in things Japanese it would make an inexpensive gift, but I was disappointed in it overall.

great

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